



Suicide Prevention Trainings

ASIST: Applied Suicide Intervention Skills Training

Intensive suicide first aid: recognize risk, provide safety intervention, & connect to support.

- Two-day, in-person only
- Attendance required both days
- Minimum of 8 to max of 45 participants
- 12 learning hours available for multiple disciplines

QPR—Question, Persuade, Refer—Gatekeeper Training

Learn basic suicide prevention skills regarding recognizing warning signs and how to take action.

- 60–90 minutes
- In-person or live virtual
- Professionals and community members
- 1–1.5 learning hours available for multiple disciplines

Customized Training Solutions

Zero Suicide can provide tailored, evidence-based suicide prevention trainings based on the unique needs of specific groups.

- In-person or live virtual
- Adapted to your available time
- Guided by the desired learning outcomes for your group
- Founded in the latest evidence-based suicide prevention research and literature
- Learning hours available for multiple disciplines

CONTACT US:

Fill out the *Zero Suicide* Engagement Form or contact us via the information below.



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