

Mental Health Matters: A Better You, A Better ADMH



## Attire

### Q. What should I wear to the conference?

**A.** Dress is business casual, but you are allowed to wear your ADMH polos *with* slacks or a skirt. You are encouraged to wear your ADMH polo shirt or a shirt with any of the ADMH colors from the logo. You should also dress comfortably and in layers, as the Conference Center can get cold.