

Mental Health Matters: A Better You, A Better ADMH



Dates, Location, General Information

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Q. When and where will the conference be held?

A. The conference will be held on June 24 and 25, 2026, in Tuscaloosa, AL, at the [Bryant Conference Center- BCC](#). The address for the [BCC](#) is [240 Paul W. Bryant Dr., Tuscaloosa, AL 35487](#).

Q. Is there a virtual option, or will a recording be provided afterwards?

A. No, there is no virtual option for this conference. The entire conference is in person. The sessions will not be recorded.

Q. Is attendance at the conference mandatory for all employees?

A. No. The conference is not mandatory, but it's highly encouraged that employees attend. We ask that you make the conference a priority. It offers important training and fellowship for all ADMH staff.

Q. Are employees supposed to attend both days?

A. No. The conference sessions are duplicated each day. Employees will select **one day** to attend - either June 24, 2026, or June 25, 2026.

Mental Health Matters: A Better You, A Better ADMH**Q. What time does the conference start, and how long will it last?**

A. The conference will last all day. Starting with registration, the conference day will begin at 8:00 a.m. and end at 4:00 p.m. Anyone who is riding the bus to the conference will need to be at the Central Office early in the morning. For information about travel, including bus accommodations to and from the conference, [see the Travel section of the FAQ's](#).

Q. Where can I view the conference program/agenda?

A. You can view the program/agenda, including session descriptions, here on the [conference webpage](#). The detailed program will also be printed and available for pickup at the Conference.