

Mental Health Matters: A Better You, A Better ADMH

Food, Beverages, Snacks

Q. Will lunch be provided? Do I have to pay for my lunch?

A. Yes, lunch will be catered by [Urban Cookhouse](#). No, you do not have to pay for your lunch.

Q. Will there be beverages and snacks provided?

A. Yes. Snacks and beverages (coffee, water, and soft drinks) will be available. You are also encouraged to bring your own snacks that meet your dietary needs.

Q. If I have dietary restrictions, what should I do about food?

A. Attendees should note dietary restrictions when registering. While we will take reasonable steps to accommodate your needs, please note that we cannot guarantee that the lunch meals will meet every dietary requirement or be completely gluten-free, allergen-free, etc. If you have concerns about food consumption, you are encouraged to bring food items that meet your dietary needs.

Q. Can I change my meal preferences once registration closes or at the conference?

A. No. For planning purposes, you will not be allowed to adjust your meal preferences/dietary restrictions after registration closes or at the conference.