

# PROJECT ZERO SUICIDE



## About VitAL

VitAL is a statewide applied research and technical assistance organization that partners with Alabama state agencies to improve workforce, wellness, and policy.

The VitAL team works with community and organizational stakeholders across all of Alabama's 67 counties.

Follow VitAL on social media  
@VitALAlabama



## About Zero Suicide

Zero Suicide is a framework for health systems aimed at preventing suicide and increasing universal screenings, grounded in the belief that proper care can prevent suicide deaths.

VitAL's Project Zero Suicide is a statewide initiative dedicated to providing safer, more effective care for individuals at risk of suicide, especially in Alabama's rural and underserved communities.

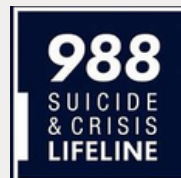
## MAKE AN IMPACT IN YOUR COMMUNITY!

If you are interested in bringing evidence-based suicide prevention efforts to your community, we want to connect with you!

## ADDITIONAL RESOURCES

### Wings Across Alabama

An in-state, confidential call line staffed by your peers available 24/7 at:  
1-844-999-4647.



Dial, text or chat with 9-8-8 for immediate help. Specialized support available for veterans. Available 24/7.



**Connect Alabama:** browse through the app for information about mental health, substance use, prevention, treatment, and the latest information on behavioral health services located in your area.



## Connect with Zero Suicide:

Complete our **Engagement Form** (scan the QR code) to learn more about resources, training opportunities, and programs available in your area.

[VitalAlabama.com](https://VitalAlabama.com)