

Scoring Tool

Score		Zone	Action
AUDIT: 0-6/7	DAST: 0	Low Risk	Encouragement & Praise
AUDIT: 7/8-15	DAST: 1-2	Risky	Brief Intervention
AUDIT: 16-24	DAST: 3-5	Harmful	Brief Treatment
AUDIT: 25+	DAST: 6+	Dependent	Referral to Treatment

Brief Intervention Flow

Action	Notes / Model Language
Ask Permission	"I appreciate your answering our health questionnaire. I would like to take a minute to discuss your results. Is that okay with you?"
Provide Feedback	Provide the individual's screening score. "Drinking at this level can be harmful to your health. In fact, it might even be responsible for the health problem you came in with today. How do you feel about that?"
Enhance Motivation & Elicit Change Talk	"What do you enjoy about drinking? What do you not enjoy about drinking?" "On a scale of 0-10, how ready are you to decrease or quit drinking?" "On a scale of 0-10, how important is it for you to decrease or quit drinking?" "On a scale of 0-10, how confident are you that you will be able to make this change?"
Advise with Permission	Refer to drink limit guidelines and discuss possible health consequences related to use. Advise to quit or cut down.
Negotiate Goals	"If you were to make a change, what would be your first step? What would be the challenges? How would you overcome these challenges?"
Close on Good Terms	Summarize. Emphasize the individual's strengths. Highlight change talk, decisions and goals. Arrange for follow-up as appropriate.