



Something to try:

1. _____

2. _____

Community Resources:

1. _____
2. _____

Behavioral Health Specialist:

Phone Number:

If it's illegal, why is it still sold in stores?

- 15 of the most common chemicals in k2/Spice are banned by the Food and Drug Administration (FDA).
- Makers of this substance have created new formulas that are technically legal as long as they are not labeled for human consumption.
- The labels of K2/ Spice help the makers get around the law.

What to expect when cutting back or quitting:

- Your doctor or behavioral health specialist can help you set up a plan.
- Change takes time.
- You will need support
- You may have some withdrawal symptoms.
- Contact your doctor if you have any medical concerns.



**Because
WE CARE,
we ask
EVERYONE**

**SYNTHETIC
MARIJUANA
(K2 / SPICE)**



vital
Improving Wellness in Alabama

Synthetic Marijuana



- Synthetic marijuana, also called **K2** or **Spice**, is made using chemicals created in the lab.
- The chemical is sprayed onto dried plants or herbs to make it look like marijuana. It is often artificially colored and flavored. It is also sold in a liquid form.
- K2/Spice is sold illegally in gas stations, tobacco shops or online as a potpourri or incense, with names like *Blaze* or *Mad Hatter*. It is labeled as “not for human consumption”.

Labels can lie.

- Those who make and sell K2/Spice intend for users to smoke it.
- There is no safe dose or brand of K2/Spice. Don't be fooled by words like “natural” or “clean”. No-one is regulating what is actually in a K2/Spice packet.
- Synthetic marijuana is illegal, even if the packet has a label that says the product is legal.

Effects of Synthetic Marijuana

Brain

- Relaxation
- Altered perception
- Mood changes
- Seizures
- Memory loss
- Confusion
- Suicidal thoughts/attempts
- Psychotic effects; extreme anxiety, paranoia, panic attacks
- hallucinations

Mouth

- Inability to speak
- Dry

Heart

- Racing heartbeat
- Very high blood pressure
- Heart attack

Skin

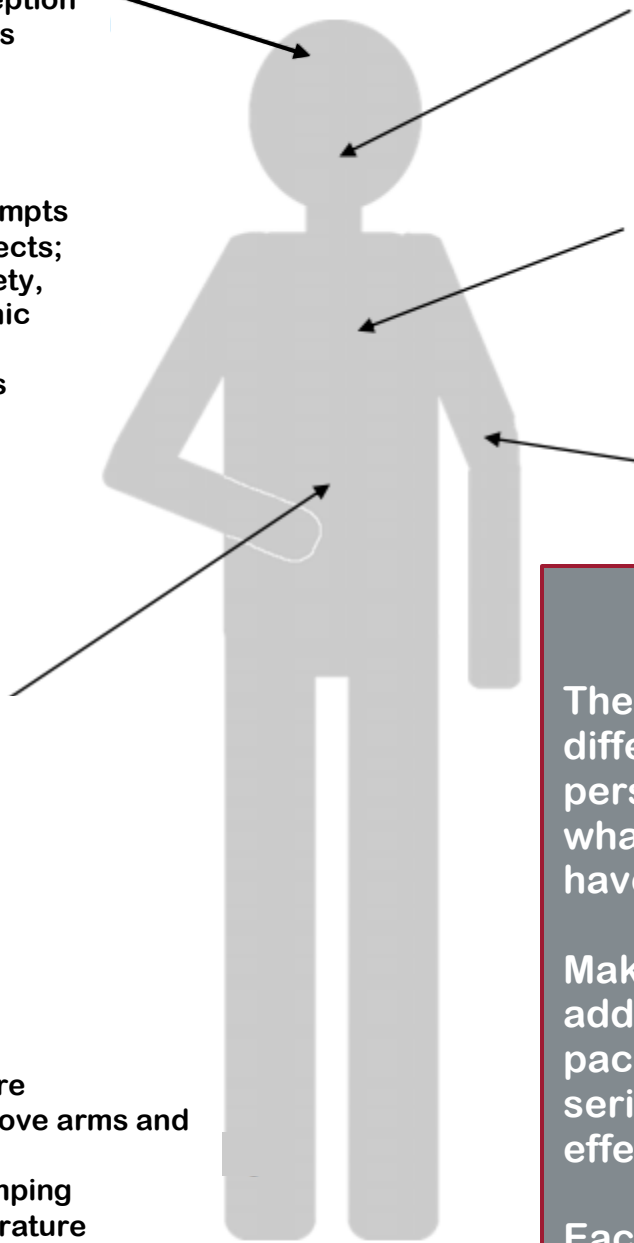
- Pale appearance

Stomach

- Nausea
- Pain
- Vomiting

Other Effects

- Kidney failure
- Unable to move arms and legs
- Muscle cramping
- Body temperature changes



CAUTION

The effects of K2/Spice are different from person to person. You never know what symptoms you will have.

Makers of K2/Spice may be adding toxic chemicals to packets which can cause serious or deadly side effects.

Each packet of K2/Spice can have different amounts or types of chemicals, even within the same brand.