

Did you know?

- Mixing cocaine and alcohol increase the risk for sudden death!
- When people mix cocaine and alcohol, the body has a hard time deciding whether to speed up from the cocaine or slow down from the alcohol.
- Cocaine can cover up signs of too much alcohol use.

What to expect when cutting back or quitting:

- Your doctor or behavioral health specialist can help you set up a plan.
- Change takes time.
- You will need support.
- You may have some withdrawal symptoms.
- Contact your doctor if you have any medical concerns.

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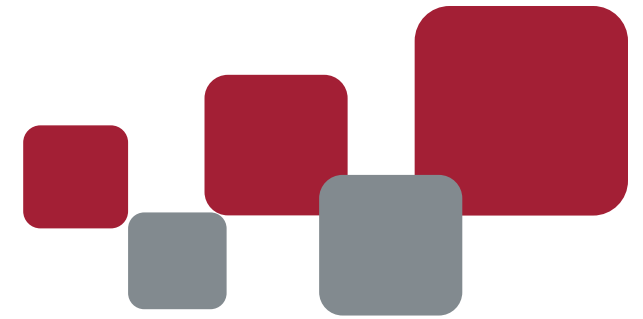
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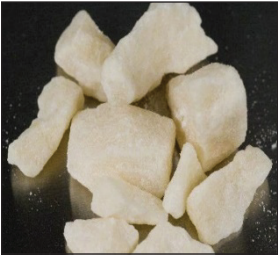
Because
WE CARE,
we ask
EVERYONE

COCAINE



al-sbirt

Cocaine



Cocaine (powder) and Crack Cocaine (rocks) are stimulant drugs.

These drugs speed up the body's heart rate, breathing, and blood pressure.

Overdose can make a person's heart stop and often leads to death.

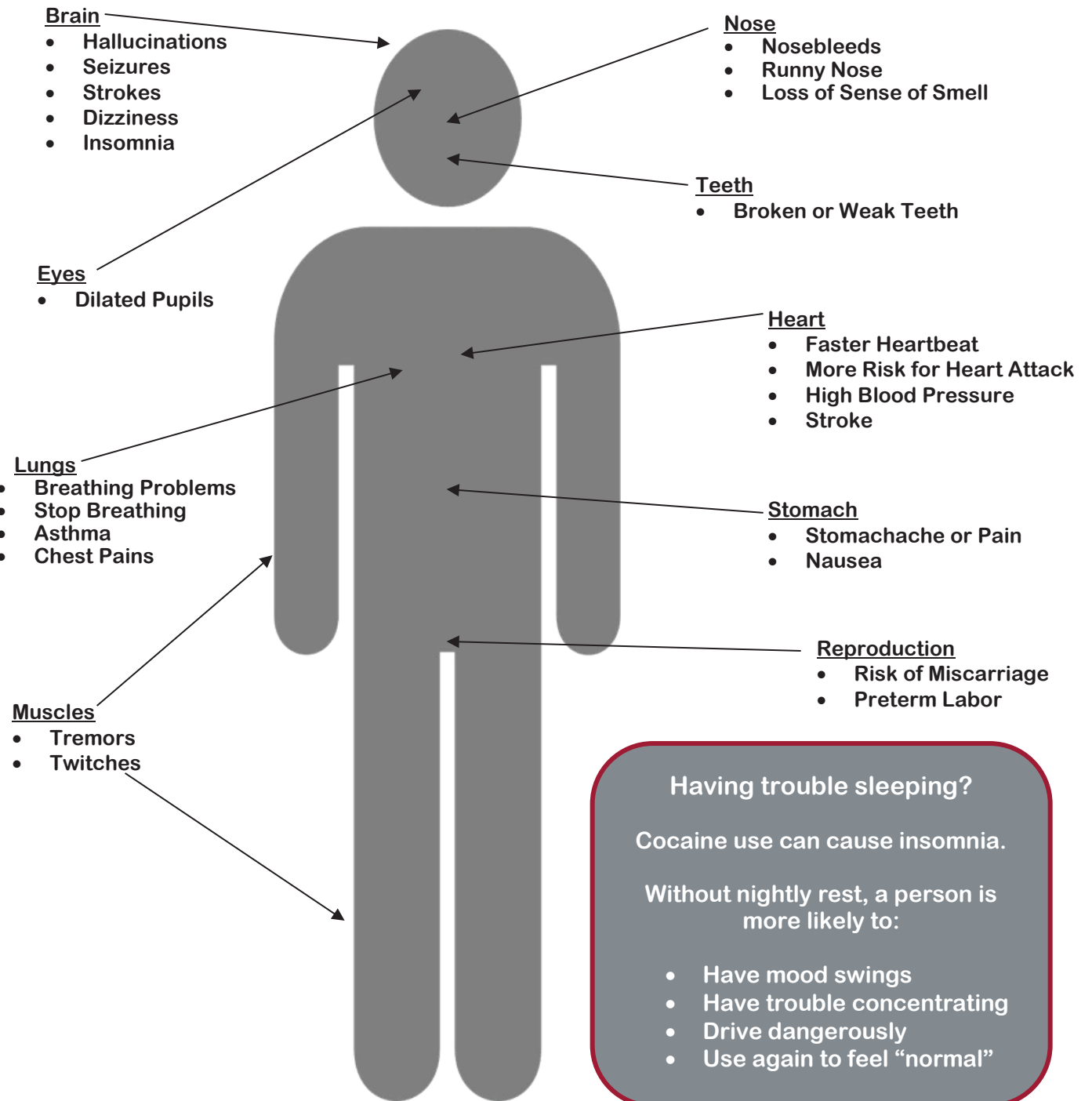
Things to think about:

- Do I ever have chest pains?
- Do I have trouble sleeping or stay up for a long time without sleeping?
- Do I get a lot of nose bleeds?
- Do I ever feel like people are watching me or out to get me?

Risk for Cocaine Users:

- Cocaine is often cut with other drugs or substances.
- Sharing needles raises risks for :
 - Hepatitis B or C
 - HIV

Effects of Cocaine



Having trouble sleeping?

Cocaine use can cause insomnia.

Without nightly rest, a person is more likely to:

- Have mood swings
- Have trouble concentrating
- Drive dangerously
- Use again to feel "normal"