

Medication for Addiction Treatment

Medication for Addiction Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders. Medications used in MAT are approved by the Food and Drug Administration (FDA) and MOUD programs are clinically driven and tailored to meet each patient’s needs.

The ultimate goal of MAT is full recovery, including the ability to live a self-directed life.

This treatment approach has been shown to:

- Improve patient survival
- Increase retention in treatment
- Increase patients’ ability to gain and maintain employment

MOUD Statistics

- Using FDA-approved Medications for Addiction Treatment (MAT) **reduces the death rate** among those living with addiction by 50% or more.
- A long-term study following up on patients receiving MAT showed that after 18 months of treatment, **less than 20% of patients were dependent on pain relievers**, and after 48 months this dropped to **less than 10%** of patients.
- A study of 17,568 adults prescribed MAT showed that **opioid overdose deaths decreased by 59%** for those using Methadone and 38% for those prescribed buprenorphine.



Learn more

Benefits of Medication for Addiction Treatment (MAT) for Recovery

