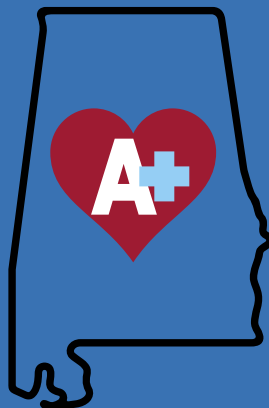


# ALABAMA A+ SUMMIT

Addressing Health Disparity  
Advancing Health Equity  
Achieving Healthier Alabamians



2023 Dates/Locations

July 24-Birmingham

July 25-Huntsville

July 26-Prattville

July 27 - Mobile

8:45 a.m.-4:00 p.m

## Statement of Need

Health disparities adversely affect groups of people who have systematically experienced greater obstacles to health based on their racial or ethnic group; religion; socioeconomic status; gender; age; mental health; cognitive, sensory, or physical disability; sexual orientation or gender identity; geographic location; or other characteristics historically linked to discrimination or exclusion. According to the National Institute of Health, health disparities deserve particular attention not only because they are avoidable, but because they are unfair and unjust. To reflect the latest public health priorities, Healthy People 2030 focused an overarching goal to “eliminate health disparities, achieve health equity, and attain health literacy to improve the health and well-being of all.” Achieving health equity requires valuing everyone equally with focused and ongoing societal efforts to address avoidable inequalities, historical and contemporary injustices, and social determinants of health — and to eliminate disparities in health and health care. In order to achieve these goals, we need to ensure every person has the opportunity to attain their full health potential and no one is disadvantaged from achieving this potential because of social position or other socially determined circumstances. This summit will highlight the root causes of health disparities and establish solutions to promote and achieve health equity.

## Who Should Attend

Physicians, nurse practitioners, physician assistants, registered nurses, social workers, counselors, register dieticians, health educators, pharmacists, educators/teachers, first responders, drug court, law enforcement, peer support specialists, and any professional interested in gaining knowledge on health disparities and solutions to achieve health equality in Alabama.

**Objectives** - After attending this course, participants will be able to:

- Debate awareness & understanding of health disparities and their underlying causes and ethical implications.
- Discuss health disparities, their underlying causes and how these contribute to health inequity.
- Explain the importance of health literacy in promoting health outcomes.
- Describe social determinants of health and how they affect health outcomes.
- Define and analyze the challenges of period poverty.
- Identify key factors, health disparities, and ethical considerations in the LGBTQIA+ community.
- Develop collaboration among healthcare providers, community organizations, and policymakers to address health disparities through policy and system- level changes.



**For More Information - Contact Dr. Ellen Robertson at  
(501) 352-6192 or [etrobertson@ua.edu](mailto:etrobertson@ua.edu)**

**Visit [vitalalabama.com/training-events](http://vitalalabama.com/training-events) for online registration**

## Accreditation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of the Medical Foundation of Alabama and VitAL. The Medical Foundation of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

In support of improving patient care, this activity has been planned and implemented by the University of Alabama VitAL and USA's College of Medicine Office of CME is jointly accredited by the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Provider Number: 4008198

## Credit Designation Statements

CME - The Medical Foundation of Alabama designates this live activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

JA - This activity was planned by and for the healthcare team, and learners will receive 6.0 Interprofessional Continuing Education credits for learning and change.

ANCC - This program has been reviewed and is acceptable for up to 6.0 nursing contact hours. Provider Number: 4008198

APA - Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

AAPA - University of South Alabama Office of CME has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

ACPE - This course has been approved for 6.0 hours of pharmacy continuing education credit. The approval number issued is: UAN JA4008198-9999-23-008-L99-P.

BOC - The University of South Alabama College of Medicine (BOC AP# P4008198) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 6.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.

CDR - Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit=One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour=1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

NBCC - USA Office of CME has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7261. Programs that do not qualify for NBCC credit are clearly identified. USA Office of CME is solely responsible for all aspects of the programs.

ASBSWE - The University of Alabama, School of Social Work is an approved provider of continuing education by the Alabama Board of Social Work Examiners. This training offers 6.00 contact hours for social workers (3.75 ethics & 2.25 general).

NCHC - This training is sponsored by VitAL, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES®) and/or Master Certified Health Education Specialists (MCHES®) to receive up to 6 total Category I contact education contact hours. Maximum advanced-level continuing education contact hours available are 1.25. Continuing Competency credits available are 0. Provider ID# 1154505.

APOST - Alabama Peace Officers Standards & Training Commission credits, if approved by your agency head. This training offers 6 APOST credits.

UA/UWA In-Service Education Center - This training is approved to offer 6 professional development hours for teachers and school administrators. Registration through PowerSchool is required.

