



OVERVIEW

The University of Alabama and the Alabama Department of Mental Health were awarded two grants by The Substance Abuse Mental Health Services Administration (SAMHSA) known as Project FREEDOM. FREEDOM is an acronym for First Responder Expansion of Education and Distribution of Overdose Medication. The goal of the grants is to reduce the number of opioid overdose-related deaths in Alabama and help connect people to treatment. Project FREEDOM provides training to first responders, healthcare providers, and the community on the prevention of prescription/opioid overdose-related deaths and implements secondary prevention strategies, including the distribution of naloxone to first responders. Additionally, FREEDOM works to increase education on personal safety measures for possible opioid exposure and to promote awareness of The Good Samaritan Law throughout Alabama. To effectively implement the program, FREEDOM partners with Recovery Organization of Support Specialists (R.O.S.S.), People Engaged In Recovery (P.E.I.R), Alabama Department of Mental Health, and Alabama Department of Public Health.

ELIGIBLE COUNTIES

Autauga	Calhoun	Covington	Escambia	Henry	Lawrence	Marion	Pickens	Talladega
Baldwin	Clarke	Crenshaw	Etowah	Houston	Lee	Marshall	Pike	Tuscaloosa
Barbour	Clay	Cullman	Fayette	Jackson	Limestone	Mobile	Randolph	Walker
Blount	Cleburne	Dale	Franklin	Jefferson	Lowndes	Monroe	Russell	Washington
Bullock	Coffee	Dekalb	Geneva	Lamar	Macon	Montgomery	Shelby	Winston
Butler	Conecuh	Elmore	Hale	Lauderdale	Madison	Morgan	St.Clair	

FREE NALOXONE & TRAINING FOR FIRST RESPONDERS

Project FREEDOM provides first responders with FREE naloxone and training. Agencies requesting naloxone must be trained to administer the medication and participate in additional training that support the project’s goals, objectives, and continued funding. The FREEDOM instructor-led trainings offer first responder training credits.

The following trainings are provided at no cost to first responder agencies (EMS, Public Safety, Fire Departments/career and volunteer):

Naloxone Refresher and Opioid Safety

- This training provides an overview of administering Naloxone, recognizing/responding to an overdose, basic tenets of addiction, and opioid exposures safety.

Compassion Fatigue Training

- This training helps prevent emotional and physical exhaustion leading to a diminished ability to feel compassion for others, addresses vicarious trauma and post-traumatic stress.

Mental Health First Aid

- This training teaches how to identify, understand and respond to signs of mental illnesses and substance use disorders.

TRAINING FOR HEALTHCARE PROVIDERS

The following trainings are provided at no cost to healthcare providers (medical and substance use treatment):

Overdose Dangers

- Learn about the signs and symptoms of opioid overdose, responding to an overdose, and basic tenets of addiction.

The Dangers of Overprescribing

- Review the risks associated with opioid use, and learn a guideline for prescribing opioids for chronic pain.

Treatment and Recovery for Opioids

- Learn about opioid use disorder and the different methods of treatment. Gain knowledge of how medications with behavioral therapy assist with recovery.

Implicit Bias and Cultural Competency

- Address the potentially negative effects of implicit biases and the stigma related to substance use. Learn language and tools to help strengthen relationships with the community.

Prevention Best Practices

- Learn strategies that can help prevent opioid overdose and support the health and well-being of communities.

COMMUNITY TRAINING AND EVENTS

Project FREEDOM offers free Opioid Safety training and resources for safe disposal of prescription medication to the community. Other trainings may be available upon request. Project FREEDOM also hosts and participates in community events related to opioid overdose prevention and awareness. Contact us for more information.

REQUESTING NALOXONE

First Responder agencies interested in receiving naloxone should contact Project FREEDOM through the contact information on the back of this sheet. Community members should visit www.vitalalabama.com/free-naloxone to learn how to receive free naloxone.

For more information and additional opioid overdose resources, visit www.vitalalabama.com





Project **FREEDOM** Contacts by County

Blount
Calhoun
Clay
Cleburne
Cullman
DeKalb
Etowah

Fayette
Franklin
Hale
Jackson
Jefferson
Lamar
Lauderdale

Lawrence
Limestone
Madison
Marion
Marshall
Morgan
Pickens

Randolph
Shelby
St. Clair
Talladega
Tuscaloosa
Walker
Winston

Autauga
Baldwin
Barbour
Bullock
Butler
Clarke

Coffee
Conecuh
Covington
Crenshaw
Dale
Elmore

Escambia
Geneva
Henry
Houston
Lee
Lowndes

Macon
Mobile
Monroe
Montgomery
Pike
Russell
Washington

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Counties not listed should contact us for more information about resources provided in your area.