

VitAL Alabama Annual Conference

Rural Health: Stronger Together

Tuscaloosa, AL - Bryant Conference Center

August 26-27, 2024



Monday, August 26 Agenda

8:15 a.m. **Breakfast** Room: Sellers Foyer

8:45 a.m. **Welcome & Announcements** Room: Sellers Auditorium

Plenary Sessions

9:00 a.m. - 10:30 a.m. Room: Sellers Auditorium

The Weight of Great: The Journey of Johnny Manziel

- Johnny Manziel

10:30 a.m. - 10:45 a.m. **Break**

10:45 a.m. - 12:00 p.m. Room: Sellers Auditorium

Closing the Gap: National Strategies for MH Equity in Rural Communities

- Ashley Norwood-Strickland, Ph.D., MSCP

12:00 p.m. - 12:45 p.m. **Lunch** Room: Sellers Foyer

Breakout Session 1

12:45 p.m. - 1:45 p.m. ***The 988 Suicide and Crisis Lifeline: Supporting Diverse Rural Communities*** Room: Rast A/B

Building Bridges: Enhancing Relationships Between MH & First Responders Room: Mason

Protecting At-Risk Youth Room: Birmingham

Cultivating Critical Behavioral Health Services for the Agricultural Sector Room: Mobile

1:45 p.m. - 2:00 p.m. **Break**

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Monday, August 26 Agenda, cont.

Breakout Session 2

2:00 p.m. - 3:00 p.m.

Likes, Camera, Caption! Social Media's Impact on Youth Well-Being

Room: Rast A/B

Social Seniors on Scenic Strolls: Supporting Community Health

Room: Mason

Health Inequities in Rural Communities

Room: Birmingham

Revolutionizing Behavioral Health: Engaging Justice System & Healthcare

Room: Mobile

3:00 p.m. - 3:15 p.m.

Break

Breakout Session 3

3:15 p.m. - 4:15 p.m.

Experiences of Non-sexual Multiple Relationships: Ethical Implications

Room: Rast A/B

Postpartum Depression in U.S. Rural Contexts: An Integrative Review

Room: Mason

Impact of Social Media on Youth Mental Health

Room: Birmingham

How a West Texas Academic Institution is Developing a Rural MH Workforce

Room: Mobile

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Tuesday, August 27 Agenda

8:15 a.m.

Breakfast

Room: Sellers Foyer

8:45 a.m.

Welcome & Announcements

Room: Sellers Auditorium

Plenary Sessions

9:00 a.m. - 10:00 a.m.

Room: Sellers Auditorium

Federal Update on 988 Implementation

- John Palmieri, MD, MHA

10:00 a.m. - 11:30 p.m.

Room: Sellers Auditorium

988 Panel Discussion

11:30 p.m. - 12:00 p.m.

Lunch

Room: Sellers Foyer

Breakout Session 4

12:00 p.m. - 1:00 p.m.

Rural Georgia, Growing Stronger - Suicide Prevention

Room: Rast A/B

Innovation in Rural SW: Virtual Field Placements & Creative Learning

Room: Mason

Spreading the Word: Engaging News Outlets About Health in Rural AL

Room: Birmingham

Individual Placement and Support (IPS) - Recovery Through Work

Room: Mobile

1:00 p.m. - 1:10 p.m.

Break

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Tuesday, August 27 Agenda cont.

Breakout Session 5

1:10 p.m. - 2:10 p.m.

Let's Talk About Rural Competencies of Practice

Room: Rast A/B

Integrated Maternal Mental Health Clinic: Improving Rural Access

Room: Mason

Neurodiversity-Affirming Care in Rural Mental Health Practice

Room: Birmingham

PEER 2 PEER Services

Room: Mobile

2:10 p.m. - 2:15 p.m.

Break

Breakout Session 6

2:15 p.m. - 3:15 p.m.

The 988 Suicide and Crisis Lifeline: Supporting Diverse Rural Communities

Room: Rast A/B

Addressing Medical Trauma in Rural Settings

Room: Mason

Invisible Wounds and Generational Trauma Among Black Males

Room: Birmingham

Empowering Families: Leveraging Existing Resources for Maternal MH

Room: Mobile