

# CALM Training

## Suicide Prevention Training for Ag Communities



CALM is a practical intervention for increasing the time and distance between individuals at risk of suicide and lethal means, particularly firearms. CALM is the oldest and most widely used training on lethal means safety, and teaches why access to lethal means matters.

It also equips individuals to intervene effectively with those at risk of suicide, both before and during a crisis. Trainings are available for general audiences and clinicians. Both CALM trainings are listed in the Suicide Prevention Research Center's Best Practices Registry!

### TRAINING COST

Currently there is funding that covers trainings in the following states: Iowa, Kansas, Minnesota, Missouri, Nebraska, North Dakota, and South Dakota. However, all states and territories are welcome to request this training. Training fees will vary depending on travel and trainer requirements.

CALM Training Options	CONVERSATIONS on Access to Lethal Means	COUNSELING on Access to Lethal Means
Workshop Length	1 to 2 hours	3 hours
Audience	Training for general audiences - no clinical background required. Perfect for community groups, coalitions, EMS/emergency responders, and health professionals with limited time.	Created for mental health clinicians, primary care providers, substance abuse counselors, hotline responders, and crisis intervention services.
Location	Virtual or in-person	Virtual or in-person

For more information about AgriSafe-hosted CALM trainings, please email Olivia Bury at [obury@agrisafe.org](mailto:obury@agrisafe.org) or visit [agrisafe.org/CALM](http://agrisafe.org/CALM).



# MEET AgriSafe's team of CALM Instructors

AgriSafe's CALM instructors are trained and certified through CALM America ([calmamerica.org](http://calmamerica.org)).



## Olivia Bury, MA, PLPC

Behavioral Health Specialist, AgriSafe Network

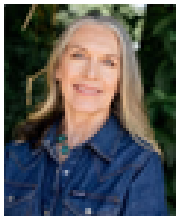
*"Counseling on Access to Lethal Means (CALM) enhanced my capabilities as a mental health clinician, providing me with appropriate terminology, options for safe firearm storage, and strategies to help create time and distance. After taking this training, I feel confident and prepared to support my client's safety during a time of crisis."*



## Linda Emanuel, BSN, RN

Community Health Director, AgriSafe Network

*"Farmers and ranchers have substantial workloads with multifaceted stressors that complicate their work/life balance. This imbalance can weigh them down so heavy, that they change in ways that causes considerable worry for families and friends. Conversations on Access to Lethal Means provides language and guidance for individuals to confidently navigate addressing these situations, to help protect and preserve a life, a family, and a legacy."*



## Tara Haskins, DNP, MSN, RN, AHN-BC

Total Farmer Health Director, AgriSafe Network

*"Suicide is a complex issue. But when we talk about access to lethal means, we remove the "how" from the shadows and save lives. Let's come together, raise awareness and shine a light of hope because every life is precious and worth fighting for. Join the conversation and help make a difference in your community."*

### Schedule a CALM Training for Your Organization!

Scan the QR code, select which CALM training you'd like to schedule, and fill out and submit the form to request a training for your organization!

If the QR code does not work, visit: [agrisafe.org/developed-training](http://agrisafe.org/developed-training)



[agrisafe.org](http://agrisafe.org)



(866) 312-3002