

Did you know?

When taking a Stimulant RX:

- Too much caffeine can be harmful! **Limit Use.**
- Alcohol should be avoided!

What to expect when cutting back or quitting:

- Your doctor or behavioral health specialist can help you set up a plan.
- Change takes time.
- You will need support.
- You may have some withdrawal symptoms.
- Contact your doctor if you have any medical concerns.

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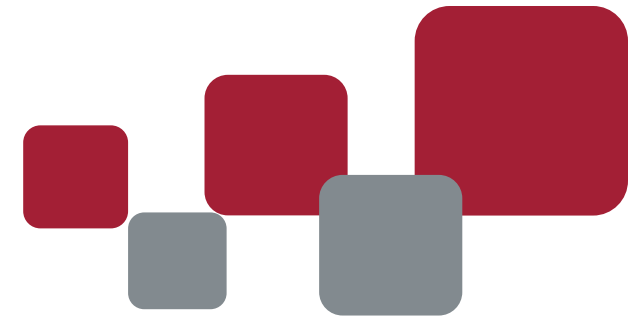
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**STIMULANT
PRESCRIPTIONS**



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Stimulant Prescriptions



Stimulant medications are prescribed to help with:

- ADHD
- Trouble Sleeping
- Weight Problems

Common Stimulant RX:

Dexedrine®, Adderall®, Concerta®, Ritalin®

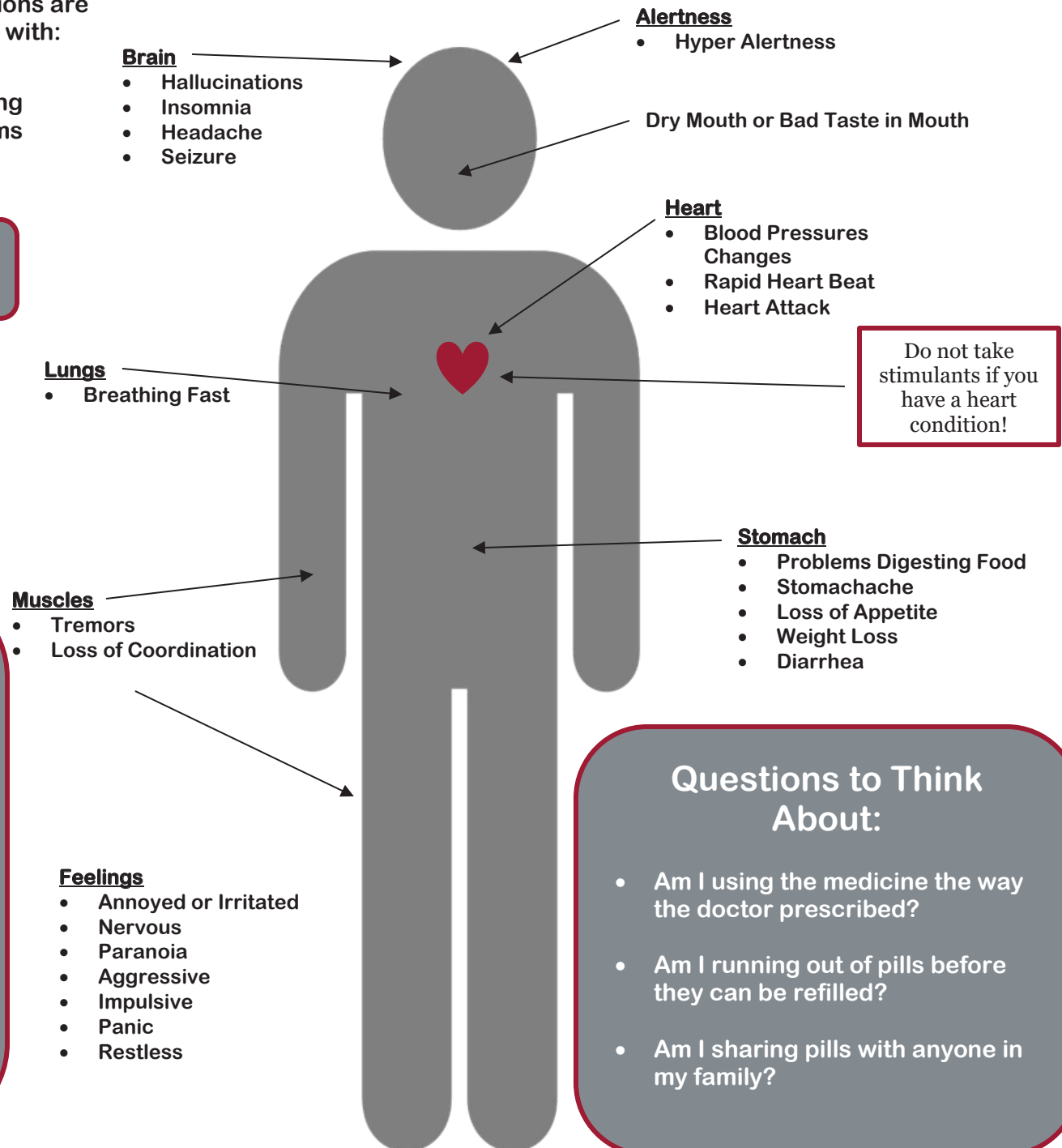
Will these pills help me focus?

- For people with ADHD, stimulants may calm them or help them focus.
- Stimulant pills can lead to more hyper or aggressive behavior for those without ADHD.

Don't borrow or share! Be aware:

- Using a medicine that is not yours could cause health problems.
- ADHD pills that are bought on the street may not be the real medicine.
- A lot of pills look the same but are many different types of medicines.
- Not all stimulant medications have the same amount of medicine in each pill.
- Adult and children's doses are not equal and can be dangerous to share!

Effects of Stimulant Prescriptions



Questions to Think About:

- Am I using the medicine the way the doctor prescribed?
- Am I running out of pills before they can be refilled?
- Am I sharing pills with anyone in my family?