

**VitalAL**  
Improving Wellness in **Alabama**



**Did you know?**

- Mixing prescriptions with alcohol or over-the-counter drugs can be dangerous!
- It can cause a drop in heart rate and breathing.
- Risk of overdose and death increases!

**What to expect when cutting back or quitting:**

- Your doctor or behavioral health specialist can help you set up a plan.
- Change takes time.
- You will need support.
- You may have some withdrawal symptoms.
- Contact your doctor if you have any medical concerns.

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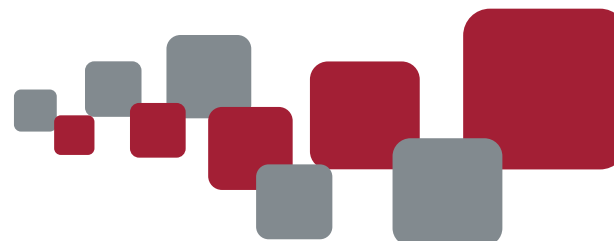
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**Because  
WE CARE,  
we ask  
EVERYONE**

**OPIOID  
PRESCRIPTIONS**



**al-sbirt**

# Opioids

Opioids are a narcotic drug. These medications relieve:

- Pain
- Cough
- Insomnia



Opioid overdose can be fatal!

## Common Opioid Prescriptions:

OxyContin®, Vicodin®, Opana®, Lomotil®, Morphine, Methadone and Fentanyl

## Common Over-The-Counter Opioid Medicines:

Robitussin AC®, Robitussin DAC®, Triaminic Expectorant with Codeine®

**Do not borrow or share!  
Be aware:**

- Not all painkillers have the same amount of medicine in each pill.
- Pills may look the same but could be different medicines.
- Using a medicine that is not yours could cause health problems.

## Questions to Consider:

- Am I using my own medicine?
- Am I taking the medicine the way it was prescribed?
- Am I running out of pills before my prescription can be refilled?

# Effects of Opioid Prescriptions

